



Marine Corps Detachment FAMILY READINESS NEWSLETTER November 2008

COMMANDER'S CORNER

First off – Happy Birthday, Marines! I am delighted to introduce our inaugural Family Readiness Newsletter. Jacqui Withers will introduce herself to you below, but let me welcome her officially here as the newest member of our Marine Corps Family. She was recently hired as the Detachment's Family Readiness Officer (FRO). Marine Detachment, Fort Leonard Wood is an early adopter and implementer of the Marine Corps new Family Readiness Program. Our Commandant understands the value and importance of Family Readiness. Allocating funds to hiring FROs and institutionalizing them as part of the organization is his way of putting "our money where our mouth is." It is an awesome commitment to you – our families.

Also, I want to acknowledge the commitment and dedication of the Family Readiness Assistants (FRAS): Ashley, Victoria, Amanda, Kathleen, and Shannon. We brought in a professional from higher headquarters to formally train these ladies and give them the tools necessary to meet the family readiness mission of our command. What I can tell you undeniably is that they are a committed group full of enthusiasm and great ideas. Ladies, I offer you my sincere thanks. That said, there are many opportunities and a need for others to help. I encourage you to contact Jacqui or any of the FRAS if you are interested. The possibilities are limitless.

Last, but not least, I want to tell you how passionate and committed I am to doing all I can to take care of our extended Marine family here at Fort Leonard

Wood – the Marines (permanent party and students), our Civilian Marines, the families of our permanent party, and the parents of our students. We are a community. Community is defined as "a...group sharing common characteristics or interests and perceived or perceiving itself as distinct in some respect from the larger society within which it exists." We share a love of "God, Corps and Country." And we are distinct. We are "The Few. The Proud. The Marines." You are an integral part of who and what we are.

Thank you for everything you do to support your Marines. I look forward to serving you.

J. Ascunce
Colonel, U.S. Marine Corps
Commanding Officer

SGTMAJ'S COMMENTS

First and foremost, Happy Birthday Marines!

I look forward to assisting the families of the Detachment. I know for some of you not having this support network for your family has been long overdue. Jacqui is a great asset of our unit and since joining our detachment she has helped me learn new things about the Army support network on the base.

I hope everyone enjoys the upcoming Holiday Season!

~ SgtMaj Sax

FROM THE FRO

Hello Marine Corps Families!

It is with great pleasure that I serve the Marine Corps Detachment and, of course, the Families. My name is Jacqui Withers, and I am the new Family Readiness Officer (FRO) for the Detachment. Let me take a few minutes to tell you about myself. I am married to an Army Soldier and have two children, a four year old boy and a 19 month old girl. I have been at Fort Leonard Wood for more than two years now. For the past year, I worked as a Unit Service Coordinator at Army Community Service (ACS), serving the 14th Military Police Brigade. I am also an active Family Readiness Group (FRG) member as well as an FRG Leader for one of the Military Police Battalions on Ft. Leonard Wood.

I am excited to serve the entire Detachment Family, and foresee an exciting and more cohesive community for our Families. As the FRO, I am your source for information and would like to welcome everybody to FLW, Missouri. As you are well aware, the Marine Corps prides itself on taking care of their own, which will be no different here, even being located on an Army Installation in the middle of what seems to be no-where.

I firmly believe that your time here will be dependant on what you make of it. While it may be easy to stay at home and complain about our location and nothing to do, sometimes we just need to get out, meet some people, and try new things. For some this is natural, while others feel discomfort in social settings when they don't know anyone. I can attest that stepping outside of your comfort zone is far more rewarding than not. It has taken me many years to step outside of the box and delve into a conversation with someone I didn't know. Every once in awhile, I catch myself going back to the "good ole" times, which I say sarcastically, then I realize sitting and watching isn't always fun or rewarding for that very fact.

By this point, I bet you are wondering where I am going with this. Well, I want to point out that volunteering is one of the easiest ways to do all of the above – getting out of the house, meeting new people, and trying new things. There are a ton of volunteer opportunities on FLW, starting with your very own Unit Family Readiness Program (formerly KVN). Other organizations are American Red Cross, Army Community Service, USO, Fort Wood Community Spouses Club, Thrift Shop, various Churches and Schools, and many more. And, did I mention that most

of the organizations will provide childcare through the Child Development Center (CDC) for your time? All you have to do is register your children with the CDC, which is FREE, and become a registered volunteer with the organization of your choice.

Many volunteers find great satisfaction in supporting military Families and take great pride in the personal development and leadership skills they acquire through their involvement and training. The skills and training volunteers receive are also extremely helpful in building a résumé. Volunteering also gives you the opportunity to build long lasting friendships, positive attitudes towards life and the military, empowerment, and fulfillment.

After all of this, I would like to challenge each and every one of you to make your time here pleasant and enjoyable. Remember you are the one who determines your quality of life while here at FLW. I am only a phone call or email away if you would like more information on what there is to do here, whether it be for personal development or recreational purposes.

As I opened, let me remind you that I am here to serve **you!** I hope to create some wonderful opportunities for us to become an extended community to provide you accurate information about what's happening in the Detachment and around Fort Wood.

I want to wish you a very Happy Marine Corps Birthday. I hope you all have a wonderful and safe Ball at Tan-Tar-A. Finally, may you and your families have a great time preparing for and enjoying the upcoming Holiday Season!

Jacqui Withers, FRO
Jacqui.withers@conus.army.mil
573-596-0131 ext. 68007
Cell: 573-433-1452

Quotes of the Quarter

Small opportunities are often the beginning of great enterprises.
~Demosthenes

If you want to lift yourself up, lift up someone else.
~Booker T. Washington

Thank You!!!

I would like to recognize and thank the following ladies for their commitment to the Marine Corps Detachment and the Families in serving as Family Readiness Advisor and Assistants.

Family Readiness Advisor (FRAD)

Melanie Gifford

Family Readiness Assistants (FRAS)

Ashley Greer – MTIC

Victoria Howe – EEIC

Amanda Morales – H&S

Kathleen Ostrowski – CBRN

Shannon Ray – MP



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USMC Birthday Ball

As a reminder, I want to make sure everybody knows about the Birthday Ball. This year, the celebration will be on **Saturday, 8 November 2008, at TAN-TAR-A Resort in Osage Beach.**

Childcare can be arranged at your own expense at the Resort by calling 573-348-3131 and ask to speak to the Activities Desk (need to arrange childcare for Marine Corps Ball). The fee for in-room care is \$9 per hour for the first child and \$1 per hour for each additional child, up to five children per room.

For those that reserve a room at the Resort, TAN-TAR-A will be offering a discount at their indoor water park the day of the Ball. The cost will be \$17.95 per person.

Timeline:

6pm-7pm – Cocktail Hour

7:30pm-8:30pm – Ceremony

Dinner immediately follows Ceremony

Family Member Contact

Would you like to know what's going on at the Detachment and the surrounding Fort Leonard Wood area? Email Jacqui Withers to be added to the distribution list to get the most up-to-date information.

*****Newsletter Delivery Method*****

Email is the method of delivery that will be used for the Newsletter, in addition to the Detachment website. These two methods are the most cost effective and efficient way to produce, and is the best way for the Detachment and myself to pass on accurate information. Again, please email Jacqui to ensure you will receive your copy of the Newsletter.

<http://mcdetflw.tecom.usmc.mil/>

UPCOMING EVENTS

1-30 November – Month of the Military Family

3 November - 2009 Scholarships for Military Children program opens. Deadline is close of business February 18, 2009. Open to children of active duty, reserve/guard, or retired military personnel. Check out www.militaryscholar.org or www.commissaries.com for additional information.

3 November - Applications for the January **Dental Assistant Class** available at the Red Cross office in building 470, room 1125. All interested military ID card holders and their authorized dependents are eligible. Deadline is November 29th. Interviews will be held in the first two weeks of December.

6-7 November – 233 Mile Marine Corps Birthday Run. Come out and support your spouses and friends as permanent party and students run a mile for each year the Corps has been around. They will run round the clock up and down Minnesota Ave with the Marine Corps Colors. It'll get lonely for them, especially in the hours between 2200 and 0600. Come out and show them your support. Let them know that as family we are in it with them.

7 November – Student Marine Corps Birthday Celebration. We will be holding our first annual Marine Corps Birthday celebration for the students. It will be held at Nutter Field House at 1500. This will provide our newest and youngest Marines – many of whom have never witnessed one – to participate in one of the Corps oldest and most cherished traditions. Unfortunately, because of seating capacity, this event is open to students only.

7 November – The Comedy Machine-featuring Comedians, Tymon Shipp, Vince Martin, and Andy Kern, 8pm, at Audie Murphy's Community Center. Cost is \$10 in advance, \$12 at the door, must be 18yrs and up. Contact ITR for tickets.

8 November – **United States Marine Corps Birthday Ball, at TAN-TAR-A Resort in Osage Beach. Happy Birthday Marines!** (See insert for more details.)

10 November – USMC Birthday. Celebrate at Daugherty Bowling Center, \$2 games and \$1.75 shoe rental. Bowl 3 strikes in a row and win a FREE game card. Must have military ID or be in uniform.

11 November – Waynesville Veteran's Day Parade, 11am; Parade starts at the Middle School in Waynesville and ends on the Waynesville Square at the Old Stagecoach Stop

13 November – ACAP/ACS Semi-Annual Job Fair at Pershing Community Center, 9:30am-2pm. 80-90 Employers represented – list is available at ACAP.

15 November – Fort Wood Community Spouses Club (FWCSC) Craft Fair at Nutter Field House, 9am-5pm

15 November – Mixed Martial Arts Class, 9:30am, Davidson Fitness Center; Register through Nov 13th, 596-4359.

19 November – Newcomers' Orientation, 8:30am-10:30am, Pershing Community Center; Childcare available, 596-0238

20 November – FWCSC luncheon at Pershing Community Center, 11am, RSVP by November 14

22 November – ASYMCA Bus trip to Leach Theater in Rolla to see "Ratatouille," pizza and a craft will follow the movie. This is FREE, but must sign up in advance, 329-4513.

22 November – Lebanon Christmas Parade

24 Nov – 12 Dec – Letters From Santa, Register at Pippin Youth Center; cost is \$1 to have a letter sent from Santa and \$2 for a letter and a entered into drawing to have Santa visit at your house

26 November – Woodworks Community Information Forum, 10am, Stonegate Community Center

28 November – Black Friday. Check out the sales early on www.bfads.net

29 November – Local Toy Drive, 8am-4pm, at Wal-Mart; special guests are Santa Claus, The Grinch, and Santa's Elves

December – **Detachment Town Hall, time and location TBD.**

2 December – "Holly Jolly Holiday Express," 4pm-8pm, Joint Services Park (by Truman Ed. Center). FREE and open to the public. Activities include, Tree Lighting, entertainment, crafts, photos with Santa, write letters to Santa, ride the Holiday Express Train; cookies and cocoa available.

2-19 December – Youth Mini Sports Soccer registration, for ages 3-5. Cost is \$12. Contact Child & Youth Services to register, 596-0238.

4 December – Christmas on the Square in Waynesville, 6:30pm.

6 December – ASYMCA Bus Trip to Leach Theater in Rolla to see “Grinch,” pizza and craft will follow. This is FREE, but must sign up in advance, 329-4513.

7 December – Waynesville Christmas Parade, 2pm, starts at Waynesville Middle School and ends at the Square.

ALSO, Holiday in the Park at St. Robert Community Center, 2pm-6pm.

13 December – Christmas on the Blvd, 6pm-8pm, at Comfort Inn, St. Robert. Carriage rides, hot cocoa, live nativity scene, and carolers.

17 December – Newcomers’ Orientation, 8:30am-10:30am, at Pershing Community Center, Childcare available, 596-0238.

19 December – Detachment Christmas Party

Ongoing Events

Play Morning – Meets every Monday except for Holidays, 10am-11am, in the gym at Pippin Youth Center on Young Street. Newborns through 5-years old are eligible. Parents and children interact with each other.

Strollin’ with the Y – Walking group meets every Wednesday at 9:30AM, Colyer Park, on FLW. Bring strollers, pets, bikes for the kids, etc. Walk or jog this one-mile path. Open to the public.

Toddler Story Time – Tuesdays, 10:30am, at Bruce C. Clarke Library. For ages 18 months-3 years. Stories and crafts provided by ASYMCA.

Preschool Story Time - Wednesday s, 12:30pm, Bruce C. Clarke Library. For ages 2-6 years. Stories and crafts provided by ASYMCA.

Bright Start – Play group that meets every Tuesday and Thursday, 10am-11am, at Army Community Service (Bldg. 486, next to the Commissary). Newborns through 3-year olds are eligible. Parents and children interact with each other.

Single Parent Support Group – Meets the 2nd Wednesday of every month, 6pm-7:30pm at the USO. “Temporary Single Parents” (due to TAD, deployments, etc.) are encouraged to attend.

RESOURCES/INFORMATION

IMPORTANT PHONE NUMBERS

Post Operator: 573-596-0131

(Several numbers require this + last 6 of Phone #, typically numbers where the last 4 doesn't start with “0”)

TRICARE: 888-TRIWEST

Dental - United Concordia: 800-866-8499

American Red Cross: 877-272-7337 OR 573-596-0300

Military OneSource: 800-342-9647

Army Community Service (ACS): 573-596-0212

Legal Assistance: 573-596-0629

School Liaison Officer: 573-563-5302

Truman Education Center: 573-596-0172

Housing (Balfour Beatty): 573-329-3105

Child, Youth, and School Services

Central Registration: 573-596-0238

Child Development Center (CDC): 573-596-0197

School Age Services: 573-596-0239

**General Leonard Wood Army Hospital
(GLWACH)**

Appointments: 866-299-4234

Information: 573-596-1490

Patient Rep Office: 573-596-0418

**Family Readiness Officer (FRO): 573-596-0131
Ext. 68007**

WEBSITES

TRICARE: www.tricare.osd.mil

Dental: www.TRICAREdentalprogram.com

American Red Cross: www.redcross.org

Balfour Beatty: www.ftlwoodfamilyhousing.com

Family & Morale, Welfare and Recreation (FMWR):
www.fortleonardwoodmwr.com

Military OneSource: www.militaryonesource.com

Military HOMEFRONT:

www.militaryhomefront.dod.mil

Marine Corps Community Services: www.usmc-mccs.org

Waynesville School District:

<http://waynesville.k12.mo.us/>

FYI about Childcare/Registration

In order to take advantage of FREE childcare through organizations, each child needs to be registered with Child & Youth Services, Central Registration in Building 470. Appointments are not necessary. Paper work can be picked up and filled out at home and brought back with the following documents to complete the registration:

- Current Immunization Records
- ID Card (which includes Mom and Dad's SSN)
- Each child's Social Security Number/Card
- 2 Emergency Contacts (must be local – within a 50 mile radius)
- Copy of most recent LES
- Current Health Assessment (or due 30 days after initial registration date)

Registration is FREE.

At the time of registration, an orientation at the Child Development Center (CDC) will be made for you. Note that if your child is enrolled in the Exceptional Family Member Program (EFMP) there is another step that must be taken before the orientation; this is called a SNRT meeting (Special Needs Reaction Team). Keep in mind that allergies and asthma will also result in a SNRT Meeting.



Angel Food Ministries

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing grocery relief and financial support to communities throughout the United States.

This program allows anyone who wants some bang for their buck to participate. The quality of the food is the same as what you would get at a grocery store, but, in some instances, costs half the price. Each box of food is intended to feed a family of four for one week and costs \$30. In addition to this box,

specialty boxes of meat or veggie/fruit can be purchased for an additional \$21 or less.

There are no qualifications, minimums, income restrictions, or applications. Everyone is encouraged to participate.

You may view the menu, which changes monthly, and find local churches that participate in this program at www.angelfoodministries.com.



The Pulaski County Armed Services YMCA provides outreach services to families, both military and civilian, in the Waynesville, St. Robert, Fort Leonard Wood area. It is designed to promote healthy lifestyles and build strong family bonds. Best of all, YMCA programs are free and open to the public.

They have a monthly calendar of events, which can be found on the website below. Some of the services and programs they offer include, Strollin' with the Y, Story Hour, Afterschool Adventures, Mom & Me, Play Mornings, and "Y" Bus trips.

To find out more, you can stop by 29 Young Street, Fort Leonard Wood, call 573-329-4513, or go to www.asymca-flw.org.

Fort Wood Community Spouses Club

The Fort Wood Community Spouses Club (FWCSC) is an **ALL** ranks **ALL** Services spouses club. The purpose of the Club is to promote opportunities for its members to join in social, cultural, educational, and creative pursuits within the community. Club membership is open to **ALL** spouses and surviving spouses of Armed Forces personnel: Active Duty, Reserves, National Guard, Retired Military, and active or retired DA civilians.

Their monthly luncheons provide spouses the opportunity to volunteer, enjoy fellowship, and have fun, while also supporting the clubs drive to raising money for their scholarship and welfare fund. Each year many of our

children are helped financially through the fund to help defray their college costs. To join, visit their website <http://www.fortwoodspousesclub.org> for an application, or simply attend the November luncheon. Membership fees are \$20/year.

Also, if you've ever heard of Compass Caravans, the FWSC plays a big role in sponsoring this program. Compass Caravans is a series of day trips in the Ozarks and open to ALL persons interested. The 24 October trip, to Lebanon, Missouri, included some of our own who said it was great fun and a wonderful opportunity to make new friends. The shopping and food were good too! Buses were provided by Lebanon Chamber of Commerce. For more information, contact Virgie Mahan at 774-2982 or mahan@webound.com.



L.I.N.K.S. – Lifestyle, Insights, Networking, Knowledge, and Skills

L.I.N.K.S. is a volunteer, team-mentoring program, designed by spouses for spouses. The program offers an orientation to the Marine Corps lifestyle, helping new spouses adapt to the unique challenges military life often presents. It works through a partnership of volunteer spouses, Marine Corps Family Team Building (MCFTB) staff, Marine Corps Career Retention Specialists and Chaplains.

L.I.N.K.S. provides information on: Marine Corps history, tradition, and language; benefits and services; financial awareness; dealing with separation and deployments; tips on moving; and effective communication.

This training is provided online through www.marinenet.usmc.mil along with many other

courses spouses can take for free. While visiting the site, check out Family and Personal Readiness Courses, which is where you will find L.I.N.K.S., the Spouses Learning Series, and Readiness training. Other categories which might be of interest are the famed Rosetta Stone language courses, Life Skills, and Health & Wellness course just to name a few. And it's **FREE!**



Whether its help with childcare, personal finances, emotional support, relocation, or resources needed for special circumstances, Military OneSource is there for military personnel and their families...24/7/365!

Call 800-342-9647 or check them out online at www.militaryonesource.com

Looking for Santa's Helpers

It's that time of year again! The Holiday Season is creeping up on us, as it usually does, and now is the time to start planning the Detachment Christmas Party, scheduled for 19 December. If you would like to support this event, please contact the Family Readiness Officer, Jacqui Withers.

If you have ideas for the Family Readiness Newsletter, contact Jacqui Withers, Jacqui.withers@us.army.mil or call 596-0131 ext. 68007 or 573-433-1452.

Just For Fun!!!

Equivalent Terms

Marine Corps	Army
MCFTB Marine Corps Family Team Building	ACS Army Community Service
MCCS Marine Corps Community Service	FMWR Family & Morale, Welfare, and Recreation
L.I.N.K.S. Lifestyle, Information, Networking, Knowledge and Skills	AFTB Army Family Team Building
Installation: Base	Installation: Post
MCX	PX

SUDOKU

Complete the Sudoku puzzle so that each and every row, column, and region(3x3 box) contains the numbers one through nine only once.

					5	9	1	
		1	7	8				6
5	8			4	1		3	
8	9				3			4
4			1				8	2
	7		3	6			4	1
1				5	7	6		
	6	9	8					

Brain Teaser of the Quarter

There is a bus with 7 children inside. Each child has 7 bags. Inside each bag there are 7 big cats. Each big cat has 7 small cats. All cats have 4 legs each. How many legs are on the bus?

Answer: 10990

Marine Trivia

1. What is Leatherneck "lingo" for a water fountain/rumor?
2. An E-8 can either be a _____ or a _____.
3. A formal ceremony when the command of a unit changes from one command to another is called what?
4. The USMC had its beginning at Tun Tavern in the city of _____ on November 10, _____(Year).
5. The first occupants of Quarters One, home of the Commanding General, MCCDC, were MajGen and _____.
6. What would an enlisted man's service stripe be called in Marine "lingo?"
7. The _____ was first performed on 19 Nov 1849, and is the final event in every Marine Corps parade.
8. MOS stands for what?
9. This famous Marine War Memorial is in Arlington, VA. A replica stands at the main entrance at MCCDC, Quantico. What memorial is this?
10. If a Marine asked for some "pogeybait," what would he want?
11. NRMC stands for what?
12. In the Marines' Hymn, what streets are guarded by U.S. Marines?
13. The 2nd highest decoration a Marine can receive is the _____.
14. If a Marine's MOS is 04, what field is he/she in?
15. If a Marine comes home and wants to know what is on the deck, what is he referring to?
16. Who was the 1st Commandant of the USMC?
17. What "Grand Old Man" of the Corps served 39 years as Commandant?

Just For Kids

Try to find all of the hidden words in the puzzle.
Words can be diagonal, vertical, horizontal, frontward, or backwards.

R	A	C	O	R	N	X	S	N
N	E	F	A	E	L	Q	C	I
D	U	T	Q	X	U	V	A	K
H	U	T	A	I	C	H	R	P
A	C	C	R	E	S	U	E	M
P	D	R	K	A	W	R	C	U
P	E	N	U	S	A	S	R	P
L	C	Q	I	K	U	W	O	E
E	S	N	E	W	J	A	W	A
K	C	A	T	S	Y	A	H	R

Acorn Apple Ducks Haystack Leaf
Nut Pear Pumpkin Rake Scarecrow
Squash Squirrel Sweater Wind

Jokes

Q: Why didn't the skeleton cross the road?

A: He didn't have the guts!

Q: What do ghosts serve for dessert?

A: Ice Cream!

Q: What do you call a skeleton who won't work?

A: Lazy Bones!

Q: What kind of mistakes do spooks make?

A: Boo boos!

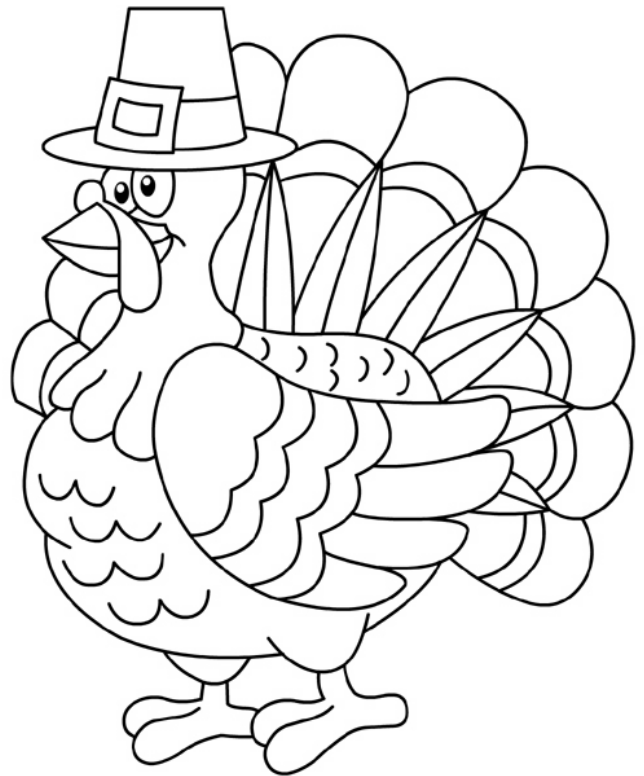
Q: Why was the turkey the drummer in the band?

A: Because he had the drumsticks!

Q: Knock, Knock. Who's there? Waddle. Waddle who?

A: Waddle I do if you don't open the door!

Color Me!



Fall Picture Crossword

Use the fall picture clues, to complete this crossword puzzle.

Down:

